Academics, Artistry, Athletics, Attitude

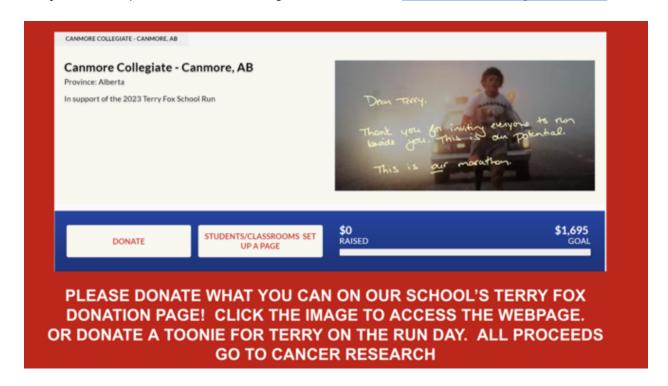
September 18-22, 2023

(For archived Newsletters please click here)

School Council

Our first school council meeting will be held virtually and in person (in the CCHS Library) on **September 19, 2023 at 7:00 pm.** Here is the link to out Agenda (a virtual link is in the agenda). All parents and guardians are welcome to attend to share ideas with the school staff about initiatives that benefit our students.

Terry Fox Run -please consider making a donation to our school's fundraising efforts here.



Home Work Support Room

We have now restarted our Homework Support Room for our students.

Completion of classroom assigned work is crucial to a student's academic success. A zero given on an assignment because work is not completed is not a true assessment of student learning. To ensure true assessment of student learning, we believe it is important for students to complete classroom assigned work. To assist students in establishing successful study

practices and understand the importance to their learning in completing assigned work, we will work with our students to help them complete missing assignments. Students who are not completing assigned work, will be asked by their teacher to attend a homework support room during lunch time to do any missing work. During this time, students will be given help in study skills and in completing the missed learning tasks. A failure to attend these study sessions will result in administrative contact with parents to pursue options to help the student successfully complete their work.

This Week's lunch specials (\$6.50) from Chef Mark

Monday- Thai Chicken Salad **Tuesday-** Butter Chicken w/ Rice and Garlic Corn **Wednesday-** Chopped Cheese Sandwich w/ soup of the day **Thursday-** Beef Burger with Fries

Upcoming CRPS /Family Connection Centre Workshop series

Teen Brain Development and Emotions

Thursday October 19 (CCHS Theatre - Time TBA)

Description:

In this workshop, a registered social worker will discuss basic brain development and anatomy concepts as they relate to teens and adolescents, and share strategies for responding to teens and tweens' big emotions.

Boundaries and Communication

Tuesday November 7 (CCHS Theatre - Time TBA)

In this workshop, a registered social worker will share information on and strategies for setting boundaries with teens and tweens. Topics discussed will include: the importance of boundaries, communicating boundaries, the importance of saying no, and what boundaries and communication have to do with mental health and family well-being.

Optional Study Guide Purchase

Castle Rock, our study guide supplier, has created an online ordering portal to enable families to choose the resources they require. These can be workbooks or an annual digital account. The digital account allows access to up to 10 courses annually. These are optional resources and if you are not sure if your student would benefit from these please speak with your classroom teacher. Orders can be placed between September 5 to September 22, 2023. Another purchase opportunity will be opened in February 2023. Please click here for more information and the ordering link.

Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

Athletics

Things have kicked off @ CCHS for athletics! We have volleyball, football, girls soccer, golf and cross country running happening NOW! Please check the electronic calendar or announcements on our CCHS Home page for practice/ try out times! See you on the links/ field/pitch or in the gymnasium soon! Our Wolverine Football team is in need of officials. If you are interested in getting certified as a football referee, please contact Chris McKay @ mckaydaddy@gmail.com.

PLEASE READ:

Check out our Daily School Announcements <u>here</u>. Please check the announcements for up todate information on Team practice times.

2023-2024 School Calendar

The Week Ahead

Monday, September 18, 2022

- Big Breakfast come have a free breakfast in the cafeteria
- Girl's Rugby Conditioning Sessions 3:45pm 4:45pm

Tuesday, September 19, 2023

- Bring Your Own Banana get a banna split -Lunch in the circle
- Gender Sexuality Alliance (GSA) meeting in the Library All welcome.
- Jazz Band new members welcome Lunch Time in the Music Room
- School Council Meeting 7pm

Wednesday, September 20, 2023

- SALTS Fall 2023 All participants must attend 7pm rm 1214
- Student Council Rm 1210 @lunch all students welcome

Thursday, September 21, 2023

- Jazz Band new members welcome Lunch Time in the Music Room
- CCHS Terry Fox Run

- Synbio Club meeting -lunch Mr. Symington's room -Rm 1001
- Parent meeting for students interested in Spring Bamfield trip 7pm

Friday, September 22, 2024

- Big Breakfast come have a free breakfast in the cafeteria
- Half Day Friday students released at 11:42pm. Staff Afternoon PD

Upcoming Dates

- September 29: Orange Shirt Day in school
- September 29: Grad plan to Mr Rogers (Grade 12)
- September 30: National Day of Truth and Reconciliation
- October 2: School closure for National Day of Truth and Reconciliation
- October 03: WimWe Grade 10 Group D
- October 04: WimWe Grade 10 Group E
- October 9: Thanksgiving- schools closed
- October 13: Staff PD. Classes end at 11:40 am
- October 14 -20: SALTS Trip
- October 16: ELAA Post Secondary Institutions Fair
- October 18: Photo Retake
- October 25: Parent Teacher Student Conferences 5-8pm
- October 26: Parent Teacher Student Conferences 5-8 pm
- October 27: Parent Teacher Student Conferences 8.30-11.40am
- October 27: No classes for students
- November 2: Last day of Quarter 1 classes Grade 9

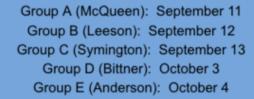
The **deadline** to apply for Olds **dual credit courses is Thursday Sept. 14** Please come to the main office to inquire. This fall, Olds is offering

- Accounting Principles 1
- Intro to Veterinary Profession
- Solving Technology Problems
- Producing Horticulture Crops
- Introduction to Sports Management
- Marketing Principles



WimWE CCHS Grade 10 Hike Days







C-Level Cirque Trail Banff National Park

FALL 2023



Grade 10 Wim & Nancy Pauw Foundation Wilderness Experience (WimWE)

WimWE is an exciting opportunity to create deeper connections between students and our local wilderness, their peers, teachers, and ultimately themselves as well as learn outdoor activity and safety skills for participating in mountain recreation in all seasons. In partnership with the Canadian Rockies Outdoor Learning Centre and with generous funding from the Wim and Nancy Pauw Foundation, CRPS is excited to offer to all Grade 10 students in the division, the Wim & Nancy Pauw Wilderness Experience which offers some unique, challenging and powerful experiences for all of our Grade 10 students. Thank you Wim & Nancy Pauw Foundation for their ongoing support for all CRPS students and for their dedication to supporting meaningful outdoor learning opportunities for our youth.

It is the expectation that all Grade 10 students participate in this program as part of their program of studies at their respective high schools. There is no cost to families for this program.

CCHS in coordination with Canadian Rockies Outdoor Learning Centre teachers and instructors have provided the following outdoor activity days for your child:

- ~1 full day hiking @ Bankhead and C-Level Cirque Trail, Banff National Park
- ~Avalanche Skills Training 1 (AST 1): access to 5 online modules (due February 1, 2024), 1/2 classroom day, and 1 field day at Lake Louise Ski Resort to complete Avalanche Skills Training 1 certification (1 credit). Students are able to start working on the online modules now. Log-in information will be in the parent form.
- ~1 full day cross country skiing @ Great Divide Trail, Lake Louise
- ~1/2 day big boat canoeing @ Two Jack Lake, Banff National Park

For WimWE this year, Grade 10 students are divided into 5 cohorts:

Group A - Mr. McQueenGroup B - Mr. LeesonGroup C - Mr. SymingtonGroup D - Mr. BittnerGroup E - Mr. Anderson

The Parent/Guardian Acknowledgement of Risk and Informed Consent will be emailed to you shortly.

Please complete and submit this form by Thursday, September 7. Any questions about WimWE can be directed to crolc@crps.ca

School Fees

School fees are not yet finalized; however they will start to appear on Parent Portal as we work on the fees. Payment options and details will be provided when invoiced.

News

Registration is now live for Family Connection Centre (FCC) fall programs! All Family Connection Centre programs are 100% free of charge. To register for any of these programs, you can go through the Town of Canmore website via this link or email frnadmin@canmore.ca

Here are just some of the courses offerred.

Parenting Anxious or Worried Youth (for parents and caregivers with children/youth ages 7-18)

As a part of our practical parenting series, this workshop is for parents or caregivers of children/youth who experience anxiety or worry. This program aims to increase parent's capacity to use positive parenting strategies that can help children overcome their anxiety.

Girls Connect (for youth ages 10-13)

This program is designed for self-identifying girls ages 10-13. Being a tween can be stressful and this program focuses on fostering a welcoming and safe environment to discuss, explore and ask questions on important topics. Individuals are encouraged to get involved in facilitated discussions and fun activities where there are opportunities to practice the skills needed to succeed in school, relationships, and into teenage life.



WANTED HOST FAMILIES



CRPS is looking for new host families.

Host an international student: share your home, culture and learn about a new one. Monthly remuneration.

More info, please contact:

Phone: (403) 609-6072

Email: homestay@crps.ca

Address: 618 7Ave. Canmore

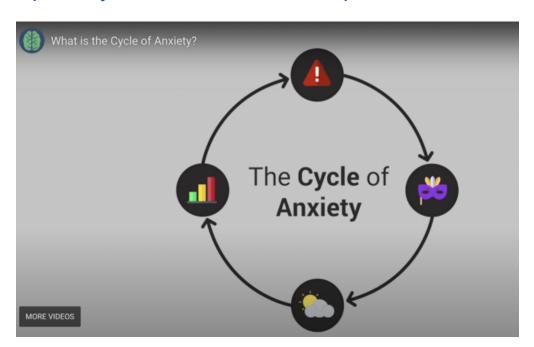


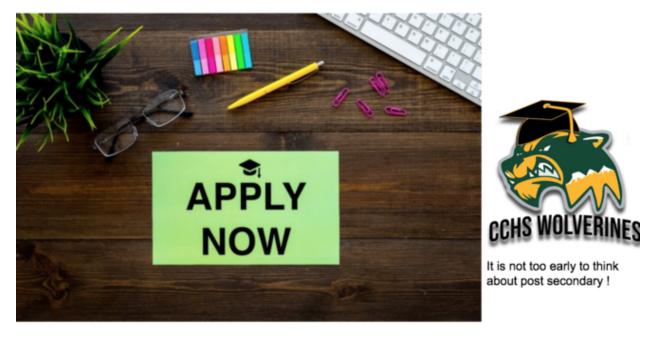
Follow this link to find out more!

Family Resource Network

<u>The Bow Valley Family Resource Network</u> is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. <u>Please click here for Social Connections programming.</u>

https://www.youtube.com/watch?v=-CAd9o9OlqM





Check out the Post Secondary Link on our school website to learn about upcoming information!

Link to the website is here

Student Attendance

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1.

Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

Extra Curricular News

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.

Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or <u>click here</u>. This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

** Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (<u>myPass.alberta.ca</u>). Grade 10 marks will first appear after the first semester.

Upcoming

PowerSchool

Missing important happenings at CCHS? But are awash in emails? Find information through one of the medium listed below. Get connected become involved. school website calendar.

- Follow us on Facebook (here)
- Join us on Twitter for quick updates. @CCHS Canmore
- Follow us on Instagram cchs.canmore
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. <u>Collegiate</u>
 Corner-
- Check out our Daily School Announcements <u>here</u>.-
- 2020/2021 <u>Student Handbook is here.</u> Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found <u>here</u>.