Academics, Artistry, Athletics, Attitude

May 06 - 10, 2024

(For archived Newsletters please click here)

Mental Health Week - A Call to be Kind

May 6th - 10th is Mental Health Week and CRPS identifies wellness as a key element of our vision. Students, staff and family wellness is a fundamental part of our every day focus at CCHS. We all have the capacity to be compassionate, and we know that doing so can make an enormous difference. This year's Mental Health Week is centred on the healing power of compassion. In a world plagued by suffering, we emphasize that kindness is equally intrinsic to our humanity. Each day students in class through the week some tips and thoughts on wellness, kindness and compassion will be shared with them and on Wednesday we encourage everyone to wear a hat to mark 'Hats on for Mental Health'.

On May 6th. Our school is observing **National Day of Awareness for Missing and Murdered Indigenous Women**, Girls and 2SLGBTQI+ people, commonly known as Red Dress Day. CRPS staff and students are involved in promoting awareness around the school by hanging a red dress in the school, voluntary contribution to a school-wide poster as well as scheduled classroom learning. There is an optional communal smudge planned. Students and staff are encouraged to inform themselves on this national day of mourning as well.

PATs, diploma exams and school final exams first exam next week

Grade 9 has the first Provincial Assessment Test next week on Monday May 13th in English Language Arts. Once students have finished the test they return to their regular classes for the rest of the day. On our school's calendar Grade 12 diploma exams and the rest of the PATs are scheduled and by next week we will publish the final school exam dates for Grade 10 and 11. The last day of classes is Friday June 14th and there will be exams until Wednesday June 26th.

More information can be found on this link from Alberta Education.

Rugby

Please see the attached rugby practice schedule for a list of all practice times.

Bears Rugby Schedule

Badminton

We have now completed regionals and successful students will be representing our region (Bow Valley) at zones next Wednesday, May 8th.

Common Sense - Family Resource on Digital Media

From high-quality media recommendations to internet access for all learners, we're making media and technology safer, healthier, and more equitable for kids everywhere. Learn about the issues we stand for below.

Does your child use Snapchat? Do you know what they are doing on Snapchat? Do messages really 'disappear' on Snapchat? This short and informative article is important reading for parents of teens who use this app.

Parents Ultimate Guide to Snapchat

Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

PLEASE READ:

Check out our Daily School Announcements <u>here</u>. Please check the announcements for up to date information on Team practice times.

2023-2024 School Calendar

Friday, May 3, 2024

- Big Breakfast in the Cafeteria- All Welcome
- Half Day Friday C and D Blocks

The Week Ahead

Monday, May 06, 2024

- Grab and Go Big Breakfast come have a free breakfast
- Boys Rugby in Banff 7-9 pm

Tuesday, May 07, 2024

• Grab and Go Breakfast - come have a free breakfast in the cafeteria.

- Chess Club Mr. Bittner's Room
- Gender Sexuality Alliance (GSA) meeting in the Library All welcome.
- Jazz Band new members welcome Lunch Time in the Music Room

Wednesday, May 08, 2024

- Grab and Go Breakfast
- Student Council Rm 1210 @lunch all students welcome

Thursday, May 09, 2024

- Grab and Go Breakfast
- Jazz Band new members welcome Lunch Time in the Music Room
- Synbio Club meeting -lunch Mr. Symington's room -Rm 1001

Friday, May 10, 2024

Grab and Go Big Breakfast - come have a free breakfast

Upcoming Dates

- Monday May 13th: PAT Grade 9 English Language Arts Part A (writing)
- Friday May 17th: no school for students
- Monday May 20th: Victoria Day no school
- Thursday May 23rd: National Indigenous People's Day Assembly (Modified Timetable)
- Friday May 31st: Half day Friday

News



Click <u>here</u> to learn more about Settlement Services in the Bow Valley.

Click here to register as a client.

Family Connections Centre - Town of Canmore

The Family Connections Centre provides **free** prevention & early intervention services and supports for families and children ages 0-18. To Learn more click here.

Registration is now live for Family Connection Centre (FCC) fall programs! All Family Connection Centre programs are 100% free of charge. To register for any of these programs, you can go through the Town of Canmore website via this link or email frnadmin@canmore.ca

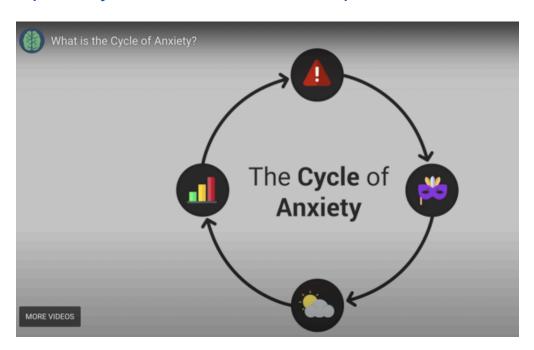
Families can register through the Town of Canmore website <u>here</u> or by emailing fccadmin@canmore.ca.



Follow this link to find out more!

<u>The Bow Valley Family Resource Network</u> is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. <u>Please click here for Social Connections programming.</u>

https://www.youtube.com/watch?v=-CAd9o9OlqM





Check out the Post Secondary Link on our school website to learn about upcoming information!

Link to the website is here

Student Attendance

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1.

Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

Extra Curricular News

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.

Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or <u>click here</u>. This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

** Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (<u>myPass.alberta.ca</u>). Grade 10 marks will first appear after the first semester.

Upcoming

PowerSchool

Missing important happenings at CCHS? But are awash in emails? Find information through one of the medium listed below. Get connected become involved. school website calendar.

- Follow us on Facebook (here)
- Join us on Twitter for quick updates. @CCHS Canmore
- Follow us on Instagram cchs.canmore
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. <u>Collegiate</u>
 Corner-
- Check out our Daily School Announcements <u>here</u>.-
- 2023/2024 <u>Student Handbook is here</u>. Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found <u>here</u>.